

Version 1.3 / 24.01.2024

Subject to changes



Adult Interclub Figure Skating Competition

Women, Men, Pairs, Ice Dance and Synchronized Skating

hosted by Berliner TSC e.V.

with the friendly assistance of the Berliner Eissport Verband e.V.

location: Erika-Hess-Eisstadion Berlin

Müllerstraße 185 in 13353 Berlin, Germany

March 9th – 10th, 2024

1. OVERVIEW

1.1. CONTACT

Please direct all questions regarding the competition by email to:

info@skate-berlin-adults.com

Visit our website www.skate-berlin-adults.com

Find us on Facebook www.facebook.com/SkateBerlinAdults

Follow us on X @SkateBerlin or Instagram @skateberlinadults

1.2. REGISTRATION

The expected starting date for the registration is the 5th January. The registration must be completed by

22th January 2024

Please register online via our website www.skate-berlin-adults.com/registration/.

Please note that entries are limited and registration will close once entry capacity has been reached. Registrations will be accepted on a first come first serve basis. Your registration is complete as soon as your registration fees have been received in our account. The Local Organization Committee will endeavor to create a waiting list in case of withdrawals or missing payments. Details will be announced on the event homepage.

IMPORTANT NOTES: Should the competition be oversubscribed, the Local Organizing Committee has the right to stop accepting further registration entries even before the closing date for registration. Furthermore, please notice that certain categories might be cancelled due to organizational reasons.

Further, the organizational committee retains the right to change the location of the event or to cancel it completely, should the responsible authority deny the right to carry out a public event at the foreseen venue.

Please be assured that the organizational committee will do its best to announce any potential changes as soon as possible.

The registration fees are as follows:

First Single event	€ 75.00 per person
Second Single event	€ 60.00 per person
First Pair / Dance event	€ 100.00 per pair
Second and any further Pair / Dance event	€ 75.00 per pair
Synchronized Team	€ 400.00 per team

(including service fees).

The fees for all single and pair/dance events must be paid at the time of registration. All details will be published on our website. For Synchronized Skating the invoice for the registration fee will be generated and sent to the respective email address after the completion on the registration form.

The registration fee will generally not be refunded. Solely in case that the event is cancelled as a whole, or a specific category is cancelled, the competitors will receive a refund of the registration fees less service surcharges.

2. GENERAL INFORMATION

2.1. PURPOSE OF THE EVENT

The purpose of the event is the promotion of adult figure skating through competition and the enhancement of competition experience in figure skating in Berlin.

2.2. CONDITIONS OF PARTICIPATION

Participation in the competition Skate Berlin Adults is open to all skaters who

- are members of a regional skating association which belongs to an ISU member federation
- fit into the age groups in this announcement

IMPORTANT NOTE for DEU skaters:

DEU skaters must hold a yearly license (“aktiver Läuferlizenz”) in order to take part in this competition. Please contact your club or DEU directly at (laeufertilizenz@eislauf-union.de) for more information.

2.3. ENTRIES

Participation in the Free Skating, Pair Free Skating, Artistic Free Skating, Ice Dance and Synchronized Skating disciplines at the Skate Berlin Adults is open only to competitors who have reached at least the age of eighteen (18) before 1st July, 2023.

Age categories for Women and Men Free Skating events:

Young Adult	skaters born between	1 st July 1995 and 30 th June 2005
Class I	skaters born between	1 st July 1985 and 30 th June 1995
Class II	skaters born between	1 st July 1975 and 30 th June 1985
Class III	skaters born between	1 st July 1965 and 30 th June 1975
Class IV	skaters born between	1 st July 1955 and 30 th June 1965
Class V	skaters born on or before	30 st June 1955

A competitor may skate with only one partner in each discipline (i.e. one partner only for all Ice Dance events and one partner only for all Pair Skating events).

For Synchronized Skating, all team members must have reached at least the age of eighteen (18) before 1st July 2023.

When fewer than 3 skaters register for a singles free skating or artistic free skating event, age categories may be combined to ensure competition. When 25 or more skaters register for the

same event, the competition may be divided into two groups according to the age of the skaters. In the event that there are an odd number of skaters, the skater of median age will compete with the younger group of skaters. All age groups can be further divided or put together, depending on the number of registrations. Proof of age must be presented for all competitions. This can be done by presenting a copy of a passport or identity card on site upon registration. Competitors which fail to provide a sufficient proof for the applicability of a specific age category will be denied participation with no refund of the entry fee.

A skater competing after 1st July 2023 in an ISU Championship, International Competition or National Championship of a Member Federation (other than an Adult International Competition or Adult National Championships) or a competition from which a competitor qualifies for the National Championship of a Member Federation (other than an Adult National Championship) MAY NOT participate in this competition.

A skater competing before 1st July 2023 in an ISU Championship or National Championship of a Member Federation or a competition from which a competitor qualifies for the National Championship of a Member Federation MAY participate in this competition.

A skater meeting the age requirements of this competition, who competes in adult-only events (Single Free Skating, Pairs Free Skating, Ice Dance or Synchronized Skating) at a National Championships or competition from which a competitor qualifies for the National Championships of a Member Federation MAY compete in this competition.

All other members of an ISU Member Federation who meet the age requirements may participate.

Skate Berlin Adults is an event which is meant to support and develop adult figure skating in Berlin. Therefore, the Local Organization Committee reserves the right to retain a certain participation quota for local skaters.

2.4. JUDGING

The competition will be conducted according to the current DKB (Deutsche Eiskunstlauf Bestimmungen), ISU provisions (ISU Constitution and General Regulations, ISU Special Regulations and Technical Rules Single and Pair Skating and Ice Dance, as well as all relevant ISU Communications) and DEU information, as long as nothing else is stated in this announcement.

All results will be calculated according to the ISU Regulations, Rule 353. The special factor of 1.1 for elements starting in the second half, will NOT apply. Please ensure a planned program content (PPC) is submitted for all programs except for the artistic and pattern dance categories.

We kindly request each participating LEV/ISU Member to provide technical specialist, technical controller and judges. The arising travelling costs will be reimbursed upon provision

of the respective invoices (e.g. hotel) and tickets up to the maximum amount of EUR 400 per person. Meals for the judges, technical controllers and specialists will be provided on site.

The registration of the judges, technical controllers and specialists should be addressed to:

Peggy Sonntag

E-Mail: Peggy.Sonntag@Eissport-Berlin.de or peggy.sonntag@gmail.com

2.5. WARM-UP GROUPS

In the single categories (Free Skating) 6 skaters are permitted in a warm-up group for Gold to Elite and 8 skaters for Bronze to Silver as well as 8 skaters for all Artistic levels. If fewer than 6 skaters are in a category, warm-up groups may be combined (e.g. Silver and Bronze skaters in one warm-up group).

In the pair categories (ice dance and pairs) there will be a maximum of 5 pairs in a warm-up group. Different categories may be combined (e.g. Bronze and Silver ice dance pairs in one warm-up group).

The warm-up duration is 6 minutes for Singles und Pairs Free Skating, 5 minutes for Rhythm Dance, Free Dance and Artistic Free Skating, 3 minutes for Pattern Dance. Skaters have 30 seconds from the time their name is called to take their starting position.

2.5.1. CLASSIFICATION OF LEVELS

It is expected that competitors will enter at a level appropriate to their current skating ability. Competitors are not obliged to enter the same level as in previous years.

The Masters Elite category is intended for those skaters who competed previously at the junior or senior level in a national or international competition, but is not mandatory for such skaters.

An entry in an artistic category may be at the same level or one level higher (not lower) than the entry in Free Skating. For example, a skater may enter the Silver Free Skating event, and the Gold Artistic Free Skating event.

Entries may be reviewed prior to announcement of the schedule to ensure the integrity of the competition.

2.6. AWARDS/CERTIFICATES

The first three places in each category will receive an award. No prize money will be awarded to the competitors.

2.7. PHOTO AND VIDEO

Upon the registration for the event members, teams and competitors irrevocably acknowledge and consent to the fact that photographs and video recordings as well as competitor name and results can be published in full or in part off- and online (including but not limited to our website, Instagram, Facebook and X).

2.8. Liability

The organizers of the competition do not accept liability for damage or injury incurred by participants or officials during the event. Participants have to agree to a declaration of liability during the registration process.

In accordance with ISU Rule 119, it is the sole obligation of each participant, as defined in Rule 107, to provide medical and accident insurance. Such insurance must assure full medical assistance and also the return of the ill or injured person to the home country by air transport or by other expeditious means. The Local Organizing Committees will provide medical services for all competitors and officials during competition.

3. COMPETITION

The Skate Berlin Adults Competition has the following categories:

- Women and Men Free Skating
- Women and Men Artistic Free Skating
- Pair Free Skating
- Pair Artistic Free Skating
- Ice Dance – Pattern Dance
- Ice Dance – Rhythm Dance
- Ice Dance – Free Dance
- Synchronized Skating

The Local Organization Committee reserves the right to cancel certain categories after the close of registration period. Respective registration fees less service surcharges will be refunded to the competitors.

3.1. TECHNICAL REQUIREMENTS - WOMEN/MEN FREE SKATING

The ladies and men categories are divided into Bronze, Silver, Gold, Masters and Masters Elite.

3.1.1. MASTERS ELITE FREE SKATING

Skaters entering this category will compete against other Masters Elite Free Skaters. The technical requirements are the same as those for the category "Masters Free Skating" with the exception that **triple jumps are permitted**. Skaters in the Elite category competed internationally for their federation at the Junior or Senior level, made it to their National Championships at the Junior or Senior level, or are currently competing with a double axel and/or triple jumps.

3.1.2. MASTERS FREE SKATING

Program duration 3 min. +/- 10 sec. Vocal music is permitted.

A competitor in the Masters Free Skating event must perform a well-balanced program that may contain:

- a. A maximum of six (6) jump elements, one of which must be an Axel type jump. **Single and double jumps are permitted. Triple jumps are not permitted.** There may be up to three (3) jump combinations or two (2) jump combinations and one (1) jump sequence in the free program.

- One (1) jump combination or one (1) jump sequence may consist of up to three (3) jumps. The others may have two (2) jumps each.
 - A jump sequence consists of two (2) or three (3) jumps of any number of revolutions, in which the second and/or the third jump is an Axel type jump with a direct step from the landing curve of the first/second jump into the take off curve of the Axel jump.
 - Each listed jump may be performed a maximum of two (2) times.
 - Please note that the Euler (half-loop) is considered a listed jump only when used in combination in between two other listed jumps.
 - Non-listed jumps may be included in the program as part of connecting footwork.
- b. A maximum of three (3) spins of a different abbreviation, one (1) of which must be a spin combination with a change of foot and one (1) of which must be a flying spin or a spin with a flying entrance.
- c. The spins must have a required minimum number of revolutions: five (5) for any spin with no change of foot, and eight (8) for any spin with a change of foot.
- A spin that has no basic position with 2 revolutions will receive no level and no value, however a spin with less than three rotations in total is considered as a skating movement and not a spin.
 - Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions.
 - All spins with change of foot must have at least 3 revolutions on each foot. If this requirement is not fulfilled, the spin will be marked with a “V”.
- d. A maximum of one (1) step sequence(StSq), fully utilizing the ice surface. Only the first executed attempt of a step sequence will contribute to the technical score.
- e. Features up to and including Level 4 will be counted for the technical elements.
- f. The Program Components are multiplied by a factor of 2.67.
- g. Each fall shall receive a deduction of 1.0.

3.1.3. GOLD FREE SKATING

Program duration 2 min 50 sec. +/-10 sec. Vocal music is permitted.

A competitor in the Adult Gold Free Skating event must perform a well- balanced program that may contain:

- a. A maximum of five (5) jump elements, consisting of single jumps (including the single Axel) or double jumps. **Double flip, double Lutz, double Axel and triple jumps are not permitted.** There may be up to three (3) jump combinations or two (2) jump combinations and one (1) jump sequence in the free program.

- One (1) jump combination or one (1) jump sequence may consist of up to three (3) jumps. The others may have two (2) jumps each.
 - A jump sequence consists of two (2) or three (3) jumps of any number of revolutions, in which the second and/or the third jump is an Axel type jump with a direct step from the landing curve of the first/second jump into the take off curve of the Axel jump.
 - Each listed jump may be performed a maximum of two (2) times.
 - Please note that the Euler (half-loop) is considered a listed jump only when used in combination in between two other listed jumps.
 - Non-listed jumps may be included in the program as part of connecting footwork.
- b. A maximum of three (3) spins of a different abbreviation, one (1) of which must be a spin combination with a change of foot and one (1) of which must be a flying spin or a spin with a flying entrance.
- The spins must have a required minimum number of revolutions: four (4) for any spin with no change of foot, and eight (8) for any spin with a change of foot.
 - A spin that has no basic position with 2 revolutions will receive no value, however a spin with less than three rotations in total is considered as a skating movement and not a spin.
 - Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions.
 - All spins with change of foot must have at least 3 revolutions on each foot. If this requirement is not fulfilled, the spin will be marked with a “V”.
- c. A maximum of one (1) Step Sequence (StSq), fully utilizing the ice surface. Only the first executed attempt of a step sequence will contribute to the technical score.
- d. Only features up to and including Level 3 will be counted for the spins and step sequence.
- e. Any additional features will not count for level requirements and will be ignored by the Technical Panel.
- f. The Program Components are multiplied by a factor of 2.67.
- g. Each fall shall receive a deduction of 1.0.

3.1.4. SILVER FREE SKATING

Program duration 2 min. +/-10 sec. Vocal music is permitted.

A competitor in the Adult Silver Free Skating event must perform a well- balanced program that may contain:

- a. A maximum of five (5) jump elements, consisting of any single jumps (including the single Axel). **Double jumps and triple jumps are not permitted.** There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence in the free program.
- One (1) jump combination or one (1) jump sequence may consist of up to three (3) jumps. The other may have two (2) jumps.
 - A jump sequence consists of two (2) or three (3) jumps of any number of revolutions, in which the second and/or the third jump is an Axel type jump with a direct step from the landing curve of the first/second jump into the take off curve of the Axel jump.
 - Each listed jump may be performed a maximum of two (2) times.
 - Please note that the Euler (half-loop) is considered a listed jump only when used in combination in between two other listed jumps.
 - Non-listed jumps may be included in the program as part of connecting footwork.
- b. A maximum of two (2) spins of a different abbreviation.
- The spins must have a required minimum number of revolutions: four (4) for any spin with no change of foot, and six (6) for any spin with a change of foot.
 - A spin that has no basic position with 2 revolutions will receive no value, however a spin with less than three rotations in total is considered as a skating movement and not a spin.
 - Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions.
 - All spins with change of foot must have at least 3 revolutions on each foot. If this requirement is not fulfilled, the spin will be marked with a “V”.
 - Only features up to and including Level 2 will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.
- c. A maximum of one (1) choreographic sequence (ChSq), utilizing at least half (1/2) of the ice surface.
- A choreographic sequence consists of at least two (2) different movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps. Steps and turns may be used to link the two or more different movements together.
 - The pattern is not restricted but the sequence must be clearly visible.
 - A choreographic sequence has a base value and will be evaluated by the judges in GOE only.
- d. Any additional features will not count for level requirements and will be ignored by the Technical Panel.
- e. The Program Components are multiplied by a factor of 2.0.

- f. Each fall shall receive a deduction of 0,5.

3.1.5. BRONZE FREE SKATING

Program duration 1 min. 40 sec. +/- 10 sec. Vocal music is permitted.

A competitor in the Adult Bronze Free Skating event must perform a well- balanced program that may contain:

- a. A maximum of four (4) jump elements, consisting only of single jumps. **Axel type jumps, double jumps and triple jumps are not permitted.** There may be up to two (2) jump combinations in the free program.
- Each jump combination may consist of two (2) listed jumps.
 - Each listed jump may be performed a maximum of two (2) times.
- b. A maximum of two (2) spins of a different abbreviation, which must be a spin in one position with or without a change of foot. **Flying spins are not permitted.**
- The spins must have a required minimum number of revolutions: three (3) for any spin with no change of foot, and six (6) with a change of foot.
 - A spin that has no basic position with 2 revolutions will receive no value, however a spin with less than three rotations in total is considered as a skating movement and not a spin.
 - All spins with change of foot must have at least 3 revolutions on each foot. If this requirement is not fulfilled, the spin will be marked with a "V".
 - Only features up to and including Level 1 will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.
- c. A maximum of one (1) choreographic sequence (ChSq), utilizing at least half (1/2) of the ice surface. Only the first executed attempt of a Choreographic Sequence will contribute to the technical score.
- A choreographic sequence consists of at least two (2) different movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps. Steps and turns may be used to link the two or more different movements together.
 - A choreographic sequence has a base value and will be evaluated by the judges in GOE only.
- d. Any additional features will not count for level requirements and will be ignored by the Technical Panel.
- e. The Program Components are multiplied by a factor of 2.0.
- f. Each fall shall receive a deduction of 0,5.

3.2. TECHNICAL REQUIREMENTS - PAIR FREE SKATING

Coaches and students are welcome to compete in all events, however, this competition does not have a PRO-AM category and it is MANDATORY that pair couples enter at the skill level of the more skilled skater, even if that skater is not a professional, but simply a higher level skater.

3.2.1. PAIR MASTERS ELITE FREE SKATING

This level has the same technical requirements as those for the category Masters Pair Free Skating with the exception that triple jumps are allowed and will be available for skaters who have taken part in national or international championships (non-adult).

3.2.2. PAIR MASTERS FREE SKATING

Program duration 3 min. 30 sec. +/- 10 sec. Vocal music is permitted.

Masters pairs must perform a well-balanced program that may contain:

- a. A maximum of three (3) different lifts, one of which may be a twist lift.
 - In lifts of Group 1 and Group 2, the man's lifting hand(s) should be above his shoulder line.
 - In lifts of Groups 3 - 5, full extension of the lifting arm(s) is mandatory.
- b. A maximum of two (2) throw jumps (single or double).
- c. A maximum of one (1) solo jump. Single and double jumps are permitted.
- d. A maximum of one (1) jump combination with a maximum of three (3) listed jumps or one (1) jump sequence.
 - A jump sequence consists of two (2) or three (3) jumps of any number of revolutions, in which the second and/or the third jump is an Axel type jump with a direct step from the landing curve of the first/second jump into the take off curve of the Axel jump.
 - Please note that the Euler (half-loop) is considered a listed jump only when used in combination in between two other listed jumps.
- e. A maximum of one (1) pair spin (pair spin or pair spin combination).
 - The spin must have a required minimum number of revolutions: four (4) revolutions for a pair spin and six (6) for a pair spin combination. A pair spin combination must have a change of foot by both partners with at least three (3) revolutions on each foot and at least one (1) change of position by both partners. A Pair Combination Spin can be started with a jump. Any flying entry can be considered as a feature by either

partner. If there are not 3 revolutions before or after the change of foot executed by both partners, the Pair Spin Combination will be marked with a “V”. If there are less than 3 revolutions on both feet by either partner, the spin will have no value.

- A pair spin is any spin with no change of foot and does not require a change of position by one or both partners. Change of positions may be used for a level feature.”
 - There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- f. A maximum of one (1) solo spin.
- The solo spin must have a required minimum number of revolutions: five (5) for the flying spin with no change of foot after landing, five (5) for the spin with only one position and no change of foot and five (5) for the spin combination with no change of foot and eight (4 + 4) for the spin combination with change of foot or spin in one position with a change of foot.
 - There must be a minimum of two (2) revolutions in each position or the position will not be counted.
 - Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions.
- g. A maximum of one (1) death spiral or pivot figure (position of the woman optional).
- At least $\frac{3}{4}$ revolution in pivot position by the man is required for the death spiral.
 - At least one revolution in pivot position by the man is required for pivot figure.
- h. A maximum of one (1) step sequence, fully utilizing the ice surface.
- i. The Program Components are multiplied by a factor of 2.67.
- j. Each fall by either skater shall receive a deduction of 1.0.

3.2.3. PAIR INTERMEDIATE FREE SKATING

Program duration 2 min. 40 sec. +/- 10sec. Vocal music is permitted.

Intermediate pairs must perform a well-balanced program that may contain:

- a. A maximum of two (2) different lifts of Group 1 or Group 2 with a minimum $\frac{1}{2}$ revolution for the man and 1 revolution for the woman.
- The man’s lifting hand(s) should be above his shoulder line.
 - Variations of the woman’s position, no-handed and one-handed lifts, and combination lifts are **not** permitted.
 - Lifts of Groups 3 - 5 are **not** permitted.

- Twist lifts are **not** permitted.
 - A different takeoff counts as a different lift.
- b. A maximum of one (1) single throw jump (including the throw single Axel).
- Double and triple jumps are **not** permitted.
- c. A maximum of one (1) solo single jump (including the single Axel).
- Double and triple jumps are **not** permitted.
- d. A maximum of one (1) jump combination with a maximum of three (3) listed jumps or one (1) jump sequence.
- A jump sequence consists of two (2) listed single jumps, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the takeoff curve of the Axel jump.
 - Please note that the Euler (half-loop) is considered a listed jump only when used in combination in between two other listed jumps.
 - Only single jumps are allowed (including the single Axel).
 - Double and triple jumps are **not** permitted.
- e. A maximum of one (1) pair spin (pair spin or pair combination spin).
- The spin must have a required minimum number of revolutions: four (4) revolutions for a pair spin and six (6) for a pair spin combination. A pair spin combination must have a change of foot by both partners with at least three (3) revolutions on each foot and at least one (1) change of position by both partners. A Pair Combination Spin can be started with a jump. Any flying entry can be considered as a feature by either partner. If there are not 3 revolutions before or after the change of foot executed by both partners, the Pair Spin Combination will be marked with a “V”. If there are less than 3 revolutions on both feet by either partner, the spin will have no value.
 - A pair spin is any spin with no change of foot and does not require a change of position by one or both partners. Change of positions may be used for a level feature.
 - There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- f. A maximum of one (1) death spiral or pivot figure (position of the woman optional).
- At least a 3/4 revolution in pivot position by the man is required for the death spiral.
 - At least a 1 revolution in pivot position by the man is required for the pivot figure.
- g. A maximum of one (1) step sequence, fully utilizing the ice surface.
- h. Only features up to and including Level 2 will be counted for the spins and step sequence.

- i. Any additional features will not count for level requirements and will be ignored by the Technical Panel.
- j. The points for each Program Component are multiplied by a factor of 2.67.
- k. Each fall shall receive a deduction of 1.0.

3.2.4. PAIR ADULT FREE SKATING

Program duration 2 min. 20 sec. +/- 10sec. Vocal music is permitted.

Pairs must perform a well-balanced program that may contain:

- a. A maximum of one (1) lift of Group 1 or Group 2 with a minimum $\frac{1}{2}$ revolution for the man.
 - The man's lifting hand(s) should be above his shoulder line.
 - Variations of the Woman's position, no-handed and one-handed lifts, and combination lifts are **not** permitted.
 - Lifts of Groups 3 - 5 are **not** permitted
 - Twist lifts are **not** permitted.
- b. A maximum of one (1) single throw jump.
 - Throw double and triple jumps are **not** permitted.
 - Throw single Axel is **not** permitted.
- c. A maximum of one (1) solo single jump.
 - Double and triple jumps are **not** permitted.
 - Axel type jumps are **not** permitted.
- d. A maximum of one (1) jump combination with a maximum of two (2) listed jumps.
 - Only single jumps are allowed.
 - Double and triple jumps are **not** permitted.
 - Axel type jumps are **not** permitted.
- e. A maximum of one (1) pair spin.
 - A pair spin is any spin with no change of foot and does not require a change of position by one or both partners. Change of positions may be used for a level feature.
 - There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- f. A maximum of one (1) pivot figure (position of the woman optional).

- At least one (1) revolution in pivot position by the man is required.
- g. A maximum of one (1) choreographic sequence that fully utilizes the ice surface.
- A choreographic sequence consists of at least two different movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps. Steps and turns may be used to link the two or more different movements together.
 - A choreographic sequence has a base value and will be evaluated by the judges in GOE only.
- h. The points for each Program Component are multiplied by a factor of 2.0.
- i. Only features up to and including Level 1 will be counted for the technical elements.
- j. Any additional features will not count for level requirements and will be ignored by the Technical Panel.
- k. Each fall by either partner shall receive a deduction of 0.5.

3.3. TECHNICAL REQUIREMENTS - ARTISTIC FREE SKATING

**Program duration for Gold, Silver and Bronze Artistic Free Skating is
1 minute and 30 seconds, +/- 10 seconds.**

**Program duration for Masters Elite and Masters Artistic Free Skating is 2 minutes +/- 10
seconds.**

Vocal music is permitted.

The artistic events consist of Single and Pair Artistic Free Skating programs judged only on the basis of the Program Components:

- Composition
- Presentation
- Skating skills

Competition will be held at the Masters Elite, Masters, Gold, Silver and Bronze level for Single Men Artistic and Single Ladies Artistic.

See ISU Communication 2494 III General Technical Rules in Single & Pair Skating and Ice Dance (Rule 504 para 3a) for a detailed description of Program Components.

There will be no technical panel and no technical mark given. The artistic event will be judged only on the basis of Program Components. The points for each Program Component are multiplied by a factor of 1.0. Falls are not subject to a deduction but may have a negative impact on the Program Components.

The Artistic Free Skate is a competitive program that must include elements of the sport of figure skating. At least one (1) and a maximum of two (2) single jumps **must** be included. At least one (1) and a maximum of two (2) spins **must** be included. **No Axel type jumps, double or triple jumps are allowed. No combination jumps are allowed.**

The artistic program consists of a variety of skating moves selected for their value in demonstrating skating ability and enhancing the interpretation of the music. Skaters will be judged on their ability to interpret the music and develop a theme through their skating. Credit for technical elements is based solely on the ability of such movements to enhance the chosen theme and support the music. Credit will not be given for their technical difficulty.

The program must be developed through skating skill and quality rather than through non-skating actions such as sliding on one knee or excessive use of toe steps, which should be used only to reflect the character of the program and to underline the rhythm and nuances of the chosen music. The skater must not remain in one place for more than five (5) seconds.

Any element exceeding the maximum number as set forth below will be judged as an illegal element (1.0 deduction). If there is no jump or no spin element included or only a jump and no spin or vice versa a deduction for a "missing element" of 1.0 will be made. The Referee is responsible for such deductions.

Clothing and make-up must be modest, dignified and appropriate for athletic competition – not garish or theatrical in design. Clothing may, however, reflect the character of the music chosen. Clothing must not give the effect of excessive nudity. The theme of the program should be clear from the skating movements and choreography - regardless of what the skater is wearing.

Props and accessories may not be used in any part of the artistic programs. Any item that is held in the hand or removed during the performance is considered a prop. Thus, for example, a hat worn throughout the program is not considered to be a prop, but if it is intentionally removed during the performance it is considered a prop. Objects on the ice, thrown in the audience, placed on the boards or on the judges table are not permitted. Costumes that contain particles that may mar or leave anything on the ice surface (feathers, boas, excessive beading) are considered unsafe and are not permitted.

The deduction for inappropriate clothing or make-up props and accessories (1.0) will be determined by a majority of the judges and the referee.

Illegal elements:

- Somersault type jumps
- Laying on the ice and prolonged and/or stationary kneeling on both knees on the ice

3.4. TECHNICAL REQUIREMENTS - PAIR ARTISTIC FREE SKATING

Competition will be held at the Masters Elite, Masters, Intermediate and Adult level for Pair Artistic.

Coaches and students are welcome to compete in all events, however, this competition **does not** have a **pro-am** category and it is **mandatory** that pair couples enter at the skill level of the more skilled skater, even if that skater is not a professional, but simply a higher level skater.

3.4.1. MASTERS ELITE PAIR ARTISTIC FREE SKATING

Pairs entering this category will compete against other Masters Elite Pair skaters. The technical requirements are the same as those for the category Masters Pair Artistic Free Skating.

3.4.2. MASTERS PAIR ARTISTIC FREE SKATING

Program duration 2 min. 10 sec. +/- 10sec. Vocal music is permitted.

The Masters Pair Artistic Free Skate is a competitive program that must include elements of the sport of pair figure skating. Each pair program must include at least three (3) and no more than four (4) elements selected from:

- a. A maximum of one (1) solo jump OR one (1) throw jump. **Axels, double and triple jumps are not permitted.** Combination jumps are not permitted. A Waltz jump is not considered a listed single jump.
- b. A maximum of one (1) pair spin (or pair combination spin) OR one (1) solo spin.
- c. A maximum of one (1) death spiral or pivot figure (position of the woman optional).
- d. A maximum of one (1) lift of Group 1 or Group 2.
 - Variations of the woman's position, no handed and one-handed lifts and combination lifts are not permitted.
 - Twist lifts are not permitted.
 - Lifts of Groups 3-5 are **not** permitted.
- e. The Program Components are multiplied by a factor of 1.67.

3.4.3. INTERMEDIATE PAIR ARTISTIC FREE SKATING

Program duration is 1 minute and 40 seconds, +/- 10 seconds. Vocal music is permitted.

The Intermediate Pair Artistic Free Skate is a competitive program that must include elements of the sport of pair figure skating. Each pair must include at least three (3) and no more than four (4) elements selected from:

- a. A maximum of one (1) solo jump OR one (1) throw jump. **Axel type jumps, double and triple jumps are not permitted.** Combination jumps are not permitted.
- b. A maximum of one (1) pair spin (or pair combination spin) OR one (1) solo spin.
- c. A maximum of one (1) death spiral **or** pivot figure (position of the woman optional).
- d. A maximum of one (1) lift of Group 1 or Group 2.
 - Variations of the woman's position, no-handed and one-handed lifts, and combination lifts are permitted.
 - Twist lifts are not permitted.
 - Lifts of Groups 3-5 are **not** permitted.
- e. The points for each Program Component are multiplied by a factor of 1.67.

3.4.4. ADULT PAIR ARTISTIC FREE SKATING

Program duration 1 min. 40 sec. +/- 10 sec. Vocal music is permitted.

The Adult Pair Artistic Free Skate is a competitive program which must include elements of the sport of pair figure skating. Each pair must include at least three (3) and no more than four (4) elements selected from:

- a. A maximum of one (1) solo jump OR one (1) throw jump. Axel type jumps, double and triple jumps are not permitted. Combination jumps are not permitted.
- b. A maximum of one (1) pair spin OR one (1) solo spin. Pair spin combinations and flying spins are not permitted.
- c. A maximum of one (1) pivot figure (position of the Woman optional).
- d. A maximum of one (1) lift of Group 1 or Group 2.
 - Variations of the woman's position, no-handed and one-handed lifts, and combination lifts are not permitted.
 - Twist lifts are not permitted.
 - Lifts of Groups 3-5 are **not** permitted.
- e. The points for each Program Component are multiplied by a factor of 1.67.

3.5. TECHNICAL REQUIREMENTS - ICE DANCE

3.5.1. PATTERN DANCE

Couples shall provide their own music for all pattern dances. No music for pattern dances will be provided by the Local Organizing Committee. The music must be chosen in accordance with the Rhythm of the Pattern Dance and may be vocal. The Tempo throughout the required Sequences must be constant and in accordance with the required Tempo of the Pattern Dance (see ISU Handbook Ice Dance 2003) plus or minus 2 beats per minute.

Notes:

- The chosen music may be a tune selected from the ISU Ice Dance music. In this case, only tunes 1 to 5 can be chosen and the Couple shall provide competition music in accordance with Rule 343, paragraph 1.
- Violation of the above music requirements or tempo specifications shall be penalized as per Rule 353, paragraph 1.n).
- All music chosen by the couple must be in accordance with the style/character of the Pattern Dance.
- For the application of Rule 708 paragraph 1.d) with music provided by the Couple it is specified that the start of the first Step of the dance must be on beat 1 of a measure (unless otherwise specified in the description of the dance).

Rule 707, paragraph 4 provides that “All Pattern Dances shall be started so that the steps of the first side of the pattern are skated in front of the Judges unless otherwise directed by the Ice Dance Technical Committee in an ISU Communication.”

The Pattern Dances will be judged **without** Key Points.

According to Rule 707, new paragraph 6: After the completion of the last step of the Pattern Dance, the couple must reach their final pose within 20 seconds. If this time limit is exceeded, a Program time deduction according to Rule 353, paragraph 1.n) shall apply.

Masters Elite Couples entering this category will compete against other Elite Masters Ice Dance Couples The technical requirements are the same as those for the category “Masters Pattern Dance”.

Masters #11 Viennese Waltz (3 sequences)
#29: Argentine Tango (2 sequences)

Gold #29: Argentine Tango (2 sequences)
#32: Blues (3 sequences)

Silver #9: American Waltz (2 sequences)
#21: Paso Doble (3 sequences)

Bronze #8: European Waltz (2 sequences)
#27: Tango Canasta (3 sequences)

- The points for each Program Component are multiplied by a factor of 1.17 (Rule 353, paragraph 1.m).
- In Ice Dance, for events with two (2) Pattern Dances, the Total Score for each dance will be multiplied by a factor of 0.5. (Rule 353, paragraph 2.b).
- The warm-up duration is three (3) minutes – the first 30 seconds without music followed by 2 minutes and 30 seconds of the 6th (last tune) of the ISU Ice Dance music.

3.5.2. RHYTHM DANCE

Masters Elite Couples entering this category will compete against other Elite Masters Ice Dancers. The technical requirements are the same as for the category “Rhythm Dance” see descriptions below.

Masters Couples entering this category will compete against other Masters Ice Dancers. (Recommended for gold level or above ice dancers.) The technical requirements are the same as for the category “Rhythm Dance” see descriptions below.

Adult Couples entering this category will compete against others at the Adult Rhythm Dance level. (Recommended for silver level ice dancers.) The technical requirements are the same as for the category “Rhythm Dance” see descriptions below.

Rhythm Dance

The theme selected for the Rhythm Dances for the season 2023/24 is “Music and Feeling of the Eighties”. Any music is possible provided it was originally released in the decade of the 1980s. The couple should demonstrate through dance the culture and feeling/essence of this decade. The selected music may be remastered. The Rhythm Dance should NOT be skated in the style of a Free Dance. The couple must use dance movements and dance holds to interpret the chosen music from this decade.

Note: To comply with the ethical values of sports, any music chosen for Ice Dance competitions must not include aggressive and/or offending lyrics.

Required Elements 2023-2024:

Pattern Dance **Two (2) Sections of the Rocker Foxtrot:** skated to any dance style with the range of tempo: 26 measures of 4 beats per minute (104 beats per minute) plus or minus 2 beats per minute. The first step of the dance

begins on beat one of a musical phrase. The pattern dance will be judged **with key points**. (Refer to ISU Communication 2560, section 1.3 for description of key points.)

1RF and 2RF: Steps #1-14 – Two (2) Sequences of Rocker Foxtrot may be skated in any order, one after the other or separately. Step #1 of 1RF skated at the Judges left side. Step #1-14 of 2RF skated at the Judges right side.

1RF must be skated in accordance with Rule 707, paragraph 2, the Man must skate the Man's Steps and the Woman must skate the Woman's Steps.

2RF, the Woman skates the Man's steps and the Man skates the Woman's steps (switch tracking/sides on Key Points in a recognized hold excluding hand in hand). Variation of Hold is permitted except during the Key Points. Crossing the Long Axis is permitted for Steps #5, #8 – 9.

The description, chart and diagram of the Pattern Dance Element Rocker Foxtrot are included in the ISU Handbook Ice Dance 2003.

Dance Lift

Maximum One (1) Short Lift Up to 7 seconds

Step Sequence

One (1) Step Sequence Not Touching (Style B) Specifications to Style B, Rhythm Dance:

Skated to any **tempo**. Chosen pattern may ONLY be Midline or Diagonal. Skated no more than 2 arm lengths apart. Touching the ice with any part of the body is allowed but not longer than 5 secs. Stops – up to one (1) permitted for up to 5 seconds (this will count as one of the permitted stops, must be performed Not Touching).

Not permitted: Loop(s), Retrogression(s)

Sequential Twizzles

One (1) Set of Sequential Twizzles-- At least two Twizzles for each partner and must **NOT** be in contact between Twizzles. Up to 1 step between Twizzles (Each push and/or transfer of weight while on two feet between Twizzles is considered as a step)

Duration

2 minutes and 50 seconds, +/- 10 seconds.

Music

Music for Rhythm Dance may be vocal and must be suitable for Ice Dance as a sport discipline. The music must be selected in accordance with the designated rhythm(s) and/or theme(s), and with the specified

tempo when applicable. Music with audible rhythmic beat only; may be without audible beat up to 10 seconds at beginning only.

Warm up time The warm-up duration for the Rhythm Dance is five (5) minutes.

The points for each Program Component are multiplied by a factor of 1.33 (Rule 353, paragraph 1.m). ISU Communication: No 2494

3.5.3. FREE DANCE

See: ISU Special Regulations, Section D. Free Dance, Rule 710 and all pertinent ISU Communications

i) The music must have an audible rhythmic beat and melody, or audible rhythmic beat alone, but not melody alone, and may be vocal. The music may be without an audible rhythmic beat for up to ten (10) seconds at the beginning or end of the program and up to ten (10) seconds during the program.

ii) The music must have at least one change of tempo and expression. These changes may be gradual or immediate, but in either case they must be obvious.

iii) All music, including classical music, must be cut/edited, orchestrated or arranged in a way that it creates an interesting, colourful, entertaining dance program with different dance moods or a building effect. Free Dance music that does not adhere to these requirements will be penalized by a deduction (See Rule 353, paragraph 1.n)

Masters Elite Couples entering this category will compete against other Elite Masters Ice Dancers. The technical requirements are the same as those for the category "Gold Free Dance" (below).

Masters Couples entering this category will compete against other Masters Ice Dancers. The technical requirements are the same as those for the category "Gold Free Dance" (below).

Gold Duration of music: 3 minutes, +/- 10 seconds.

Couples must perform a well-balanced program that may contain:

a. A maximum of two (2) different Dance Lifts, one (1) Short Lift with a maximum duration of 7 seconds and one (1) Combination Lift with a maximum duration of 12 seconds; **OR** three (3) different types of Short Lifts with a maximum duration of 7 seconds.

b. Dance Spin: A maximum of one (1) Dance Spin

c. **Step Sequence:** A maximum of one (1) Diagonal Step Sequence in Hold – Style B.

d. **One (1) Set of Synchronized Twizzles:** At least 2 Twizzles for each partner, with a minimum of 2 steps and up to 4 steps between 1st and 2nd Twizzles. (Each push and/or transfer of weight while on two feet between Twizzles is considered as a step). Partners may be in contact between the 1st and 2nd Twizzles.

The points for each Program Component are multiplied by a factor of 2.0 (Rule 353, paragraph 1.m). ISU Communication: No 2494

Silver

Couples must perform a well-balanced program that may contain:

a. A maximum of one (1) Short Lift, with a maximum duration of 7 sec. And only a maximum Level 2 lift will be counted.

b. A maximum of one (1) Circular Step Sequence in Hold - Style B

c. A maximum of one (1) Set of Synchronized Twizzles (FD variation). At least two Twizzles for each partner, with a minimum 2 steps and up to 4 steps between 1st and 2nd Twizzles. (Each push and/or transfer of weight while on two feet between Twizzles is considered as a step). Partners **may** be in contact at some point between the 1st and 2nd Twizzles.

d. A maximum of one (1) Dance Spin.

VOCAL MUSIC MAY BE USED.

The duration is 2 minutes and 30 seconds, +/- 10 seconds.

The points for each Program Component are multiplied by a factor of 2.0 (Rule 353, paragraph 1.m).

Bronze

Couples must perform a well-balanced program that may contain:

a. A maximum of one (1) Short Lift, with a maximum duration of 7 sec. Note that only a maximum Level 1 lift will be counted

b. One (1) choreo sequence utilizing at least half (1/2) of the ice

c. A maximum of one (1) Dance Spin (No combination).

VOCAL MUSIC MAY BE USED

The duration is 1 minute and 50 seconds +/- 10 seconds.

The points for each Program Component are multiplied by a factor of 2.0 (Rule 353, paragraph 1.m).

The warm-up duration for all free dances is five (5) minutes

3.6. TECHNICAL REQUIREMENTS - SYNCHRONIZED SKATING

3.6.1. TEAM COMPOSITION

A team shall consist of 8-16 skaters and may include both women and men. Each team may have up to a maximum of four (4) alternates listed as such on the team roster.

Skaters must meet the age requirements as stated in this announcement. Adult Synchronized Skating competitions will consist of a free program only.

The free program must be skated according to the Special Regulations & Technical Rules Synchronized Skating 2023.

Difficulty groups of elements and additional features and the description of their requirements are in accordance with the valid (corresponding) ISU Communication.

3.6.2. DEDUCTIONS

Deductions for interruption(s) in performing the program for ADULT category:

- a. For every interruption of:
 - more than 10 seconds up to 20 seconds: -0.5
 - more than 20 seconds up to 30 seconds: -1.0
 - more than 30 seconds up to 40 seconds: -1.5
 - more than 40 seconds by one or several skaters: -2.0
- b. if there is second interruption of more than 40 seconds or the program is not completed, the team is withdrawn.
- c. Interruption of the program with allowance of up to three minutes to resume the program: -2.5
- d. Adverse condition prior to the program with allowance of up to three minutes: -2.5
- e. Deductions for Falls for ADULT category:
 - A fall is defined as loss of control by a skater with the result that the majority of his/her own body weight is on the ice supported by any other part of the body other than the blades, e.g., hand(s), knee(s), buttock(s), or any part of the arm (Rule 953, paragraph 1).
 - Fall: -0.5 for every fall of one (1) skater
- f. As the values of those deductions are not the standard ones provided by Rule 953, paragraph 1. and Rule 843, paragraph 1.m), the referee must give specific instructions to the system operator and check the correct input in each instance.

Deductions for Interruptions in performing the program and for Falls for MASTERS category:

- The standard deductions according to rule 953, paragraph 1 and Rule 843, paragraph 1.n) will apply.

3.6.3. DURATION OF PROGRAM

Duration of Program (Rule 952, paragraph 2):

- a. Adult: Three (3) minutes +/- 10 seconds.
- b. The Team is allowed to finish the Free Skating within ten (10) seconds plus or minus the required time.
- c. The timing must be reckoned from the moment that a Skater begins to move or to skate until arriving at a complete stop at the end of the program.
- d. Vocal music using lyrics is permitted.

3.6.4. ADULT SYNCHRONIZED FREE SKATING

The Adult teams MUST skate a well-balanced Free Skating Program of Five (5) required elements:

- a. Must include the following five (5) Required Elements:
 - Intersection Element: Additional Feature (Point of Intersection – pi) is optional
 - Linear Element – Line
 - Pivoting Element – Block
 - Traveling Element
- b. PLUS the 5th Element, a choice of one (1) element from below:
 - Mixed Element
 - Or
 - Artistic Element – Block
 - Or
 - Artistic Element – Circle
 - Or
 - Artistic Element – Line
 - Or
 - Artistic Element - Wheel
- c. Not permitted – Vaults and Unsustained lift.
- d. The points for each Program Component are multiplied by a factor of 1.67.

4. TIPS

4.1. RINK

The competition will take place in

**Erika-Hess-Eisstadion
Müllerstrasse 185
13353 Berlin, Germany**

The ice surface is 60 x 30 meters and has protective plastic screens on the sides.

Please note that the location can change in case the responsible authority denies the right to carry out a public event at the foreseen venue and an alternative rink is available. In that case, all participants will be informed.

4.2. TRAVEL

The rink is located in Berlin-Mitte close to the underground station U-Bahnhof Reinickendorfer Strasse (line U6) and subway station S-Bahnhof Wedding (line S41/S42). There are a limited number of parking places at the rink.

4.3. RECEPTION

The office hours of the reception area are:

Friday	March 8 th 2024	12 pm – 8 pm
Saturday	March 9 th 2024	8 am – 6 pm
Sunday	March 10 th 2024	8 am – 6.30 pm

All participants are requested to check in at the reception area as soon as they reach the rink.

Times are subjected to change. Please refer to the website for any updates.

4.4. STARTING ORDER

Starting order will be determined by computer lottery before the competition begins.

4.5. PUBLICATION OF RESULTS

All results will be available on our website www.skate-berlin-adults.de .

4.6. ADMISSION

The public viewers are welcome. Entrance to the competition is free.

The local organization committee reserves the right to limit the number of spectators on site and to deny access to any further spectators if this is required by the competent authority as a precondition for the event to take place.

4.7. MUSIC

We need your music file in **.mp3** format. **You are requested to upload your music via our website prior to the competition.** The time window and upload link for uploading your music will be announce via our website. It is crucial that you label your .mp3 file as advised on the website with your category and name. Titles like “unknown” cannot be accepted. Please bring along a backup file either in a CD or USB stick or on a mobile phone. In case the backup file is on a mobile phone, it must be immediately available rink side whenever the skater competes.

An appropriate adapter (USB-C, Apple Lightning) must be provided with the phone if it does not have a standard 3.5mm headphone jack. The phone should be presented to the music official with music ready to play. Please note that this is only a backup options and does not replace the music upload.

Please label your .mp3 file:

LAST NAME – FIRST NAME – CATEGORY – LEVEL – AGE GROUP

LEVEL	can be Bronze, Gold, Masters, Masters Elite, Intermediate (for Pair Skating), Adult (for Pair Skating).
AGE GROUP	can be Women I, Women II, Women Young Adult, Men I, Men II, Men Young Adult, ...
CATEGORY	can be Free Skating, Artistic Free Skating, Pair Free Skating, Pair Artistic Skating, Pattern Dance, Rhythm Dance, Free Dance, Synchronized Free Skating.

Examples:

- Public - Jane – Free Skating – Masters Elite – Women Young Adult
- Doe – John – Artistic Free Skating – Gold – Men II
- Public_Doe – Jane_John – Pair Artistic Skating – Intermediate
- Public_Doe – Jane_John – Rhythm Dance – Bronze
- Team IceSynchro – Synchronized Free Skating – Adult

5. PROVISIONAL SCHEDULE

This schedule is non-binding. Individual competitions may take place on days other than those listed below. The final schedule will be published after the entry deadline.

Saturday, 9th March 2024

9 am – 10 pm

Free Skating (Ladies and Men)
Ice Dance Rhythm Dance/Pattern Dance
Pair Free Skating
Synchronized Skating

Sunday, 10th March 2024

9 am – 7 pm

Artistic (Ladies and Men)
Pair Artistic
Ice Dance Free Dance

5.1. TRAINING

The schedule with official training times – to the extent possible – will be announced via the website. Should additional training times be made available, you will be informed after the close of registration. Please be advised that the official training in the competition venue cannot be guaranteed.

Please do NOT skate at the public sessions on the outdoor rink.